



# 110-MILE BIKE RIDE DESCRIPTION

**Date:** Saturday, September 23

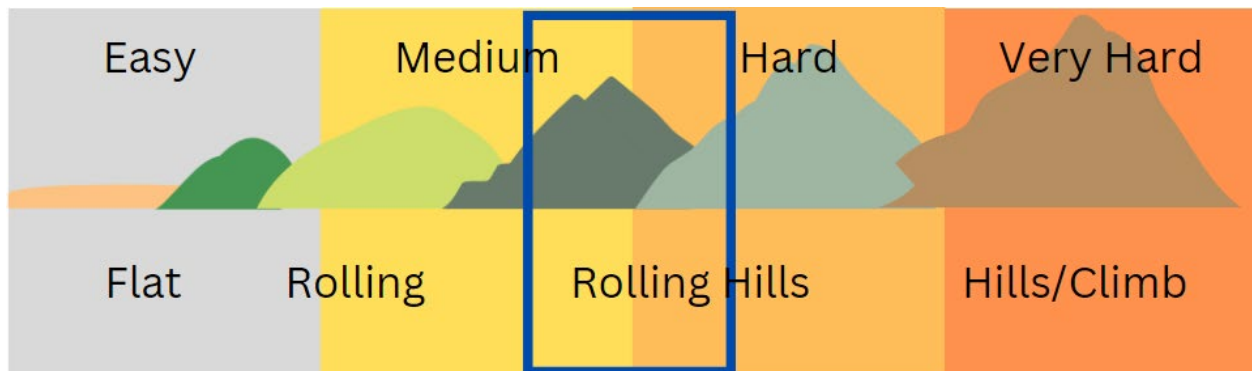
**Start Time:** 7:15 am

**Registration Time:** 6:15 am – 6:45 am

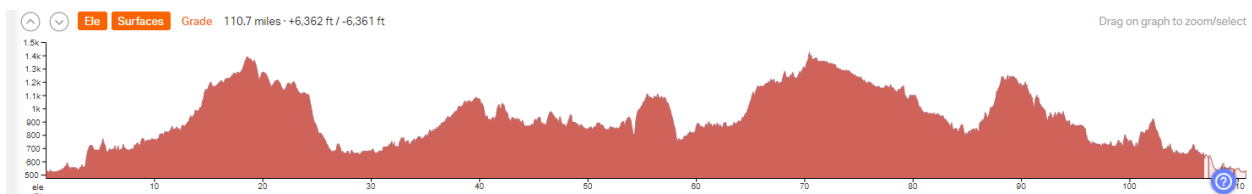
**Breakfast:** Fuel up with delicious bites from [Delicate Decadence!](#)

**Start Location:** 115 State Street, Montpelier, VT 05602 (State House Lawn)

## Difficulty Rating (Based on Elevation):



## Elevation Profile:



[Full course map available on Ride with GPS.](#)

## Ride Description:

- From the starting line at the State House, begin your 110-mile adventure by heading east towards historical downtown Montpelier and turning left onto Elm Street. Follow the north branch of the Winooski River upstream out of Montpelier and enjoy a little bit of flat before your climb begins (mile 3.5).
- Continue north on Route 12 towards Lake Elmore and your first rest stop (mile 9.0). What this beautiful strip of rolling hills lacks in cell service, it makes up for in beauty.
- Pat yourself on the back for conquering one of your highest peaks of the day and pause for a breath-taking view of Elmore Mountain (mile 18.5).
- Coast into town where you will find your second aid station at the Elmore Church (mile 22.2).
- Continue past Elmore State Park and into Morrisville. Slow down as you approach downtown, as you will need to come to near or full stop to take a sharp right onto Park Street (mile 26.4). Head northeast on Route 15 through the farmlands of Wolcott and Craftsbury.
- Turn left onto North Wolcott Road (mile 32.0), which becomes Wild Branch Road and brings you to your lefthand turn onto Route 14 (mile 40.6). Your third aid station is coming right up at the Albany Community School in historic Albany (mile 46.8)!
- Continue on Route 14 to Irasburg and turn right onto Route 58 (mile 53.6). Take two more rights onto Lake Region Road (mile 56.1) and U.S. Route 5 (mile 58.1), where you'll begin the highest ascent of your journey. Thankfully, the Glover Town Garage is a perfectly placed rest stop (mile 65.3) as you climb to over 1,400 feet!
- As you pass the Museum of Everyday Life (mile 69.2), look forward to a leisurely downhill cruise past beautiful ponds, rivers, and historic Vermont farms. Make a pit stop at Kingdom Creamery (mile 78.3) to celebrate being three-quarters of the way to the finish! Otherwise, glide into your fourth aid station at the Knights of Columbus Hall in Hardwick (mile 84.8) to fuel up for the last leg of your ride.
- All fueled up and ready for the big finish, you have one final climb into Woodbury (mile 89.6). After gliding past Sabin Pond (mile 92.4), you will continue south towards Montpelier, passing farms, forests, and other features of the Vermont landscape.
- After you pass Bragg Farm, turn right from Route 14 onto Route 2 (mile 103.5). You're on the homestretch! Coast downhill through East Montpelier and back to Montpelier's bike path for your celebratory finish at the State House!

